



Nap Request for 2.5 & 3 Year Olds

Here at Church of the Lakes Child Care Center we offer you the option of having your child either take a nap or not. If your child does not nap, we have our “Playgroup Option” which allows the children to play in a supervised space and participate in fun activities.

We also have our “Nap Option” which allows the children to go to our nap room, a space setup with cots under the supervision of our nap teachers, Miss Starr (M,W& F) and Miss Brenda (T & TH). Our teachers watch to see who is sleeping and who is not. They will leave you a note should your child not take a nap that day. You can have your child switch to playgroup anytime you want.

Should you choose our Nap Option, we ask that you send a nap bag along with your child at the beginning of the week. The Nap Bag should include: a small pillow, a blanket and a soft stuffed animal. To reduce confusion, please be sure to label these items in their Labeled Nap bag. The Nap Bag may stay at the center for the week and will be sent home at the end of every week to be washed for use the next week. Nap Bags are to be placed in the GREY container under our sign –in the table as you enter the center.

Do NOT bring anything for a nap that has to go home daily!

Please email us at info@cotlchildcare.com if you would like your child(ren) to nap from 12:30 to 3:00.